



Volunteer – Working With Adults

Position	Description	Contact
<b>Anger Management Facilitator</b>	To teach correctional residents positive alternatives to manage their anger.	Volunteer Coordinator Volunteers in Corrections 50 W. Kellogg Boulevard, Suite 650 St. Paul, MN 55102 (651) 266-2386 fax: (651) 266-2293 <a href="http://www.co.ramsey.mn.us/cc/index.htm">http://www.co.ramsey.mn.us/cc/index.htm</a>
<b>Befriender</b>	One is the loneliest number, make a new friend -- provide friendship, companionship, opportunities for socialization and community integration by developing and maintaining a relationship with an individual with special needs. Provide friendship, companionship, opportunities for socialization and community integration by developing and maintaining a relationship with a RCCHS client. Volunteers must be at least 18 years of age. Requires a one year commitment.	Ramsey County Community Human Services Volunteer Services Unit 160 East Kellogg Boulevard Room 9800 St. Paul, MN 55101  651-266-4090 <a href="mailto:Volunteerservices@co.ramsey.mn.us">Volunteerservices@co.ramsey.mn.us</a>  <a href="http://www.co.ramsey.mn.us/hs/volunteer/index.htm">http://www.co.ramsey.mn.us/hs/volunteer/index.htm</a>
<b>Cognitive Skills Group Co-Facilitator</b>	Provide Cognitive skills programming for medium to high-risk offenders targeting cognitive distortions. Helping the offender re-examine his/her values, understand the consequences to holding certain beliefs, and providing and modeling a set of skills to offenders on how to handle conflict and attain personal goals.	Volunteer Coordinator Volunteers in Corrections 50 W. Kellogg Boulevard, Suite 650 St. Paul, MN 55102 (651) 266-2386 fax: (651) 266-2293 <a href="http://www.co.ramsey.mn.us/cc/index.htm">http://www.co.ramsey.mn.us/cc/index.htm</a>
<b>Driving Record Look up Volunteer</b>	To look up driving records, and provide information to inmates on how to get their driving license back.	Volunteer Coordinator Volunteers in Corrections 50 W. Kellogg Boulevard, Suite 650 St. Paul, MN 55102 (651) 266-2386 fax: (651) 266-2293 <a href="http://www.co.ramsey.mn.us/cc/index.htm">http://www.co.ramsey.mn.us/cc/index.htm</a>



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Position	Description	Contact
<b>Effective Communication Instructor</b>	To teach correctional residents ways to communicate effectively.	Volunteer Coordinator Volunteers in Corrections 50 W. Kellogg Boulevard, Suite 650 St. Paul, MN 55102 (651) 266-2386 fax: (651) 266-2293 <a href="http://www.co.ramsey.mn.us/cc/index.htm">http://www.co.ramsey.mn.us/cc/index.htm</a>
<b>Helpful Minder</b>	Help others to help themselves by providing telephone reminders of upcoming appointments, and/or other significant tasks/events. If you have limited access to transportation, or are homebound this is a great way to be involved in the community and provide service to others.	Ramsey County Community Human Services Volunteer Services Unit 160 East Kellogg Boulevard Room 9800 St. Paul, MN 55101  651-266-4090 <a href="mailto:Volunteerservices@co.ramsey.mn.us">Volunteerservices@co.ramsey.mn.us</a>  <a href="http://www.co.ramsey.mn.us/hs/volunteer/index.htm">http://www.co.ramsey.mn.us/hs/volunteer/index.htm</a>
<b>Life Skills Coach</b>	Assist Mental Health Center staff with the teaching of life skills (e.g. bus training, community integration and other participatory activities) by providing additional one to one attention, direction and support to participating clients.	Ramsey County Community Human Services Volunteer Services Unit 160 East Kellogg Boulevard Room 9800 St. Paul, MN 55101  651-266-4090 <a href="mailto:Volunteerservices@co.ramsey.mn.us">Volunteerservices@co.ramsey.mn.us</a>  <a href="http://www.co.ramsey.mn.us/hs/volunteer/index.htm">http://www.co.ramsey.mn.us/hs/volunteer/index.htm</a>
<b>Phone Buddy</b>	Reach out and touch someone, make a difference in the life of a homebound or socially challenged individual by providing an opportunity for socialization by developing and maintaining a friendship over the telephone. If you have limited access to transportation or are homebound this is a great way to be involved in the community and provide service to others.	Ramsey County Community Human Services Volunteer Services Unit 160 East Kellogg Boulevard Room 9800 St. Paul, MN 55101  651-266-4090 <a href="mailto:Volunteerservices@co.ramsey.mn.us">Volunteerservices@co.ramsey.mn.us</a>  <a href="http://www.co.ramsey.mn.us/hs/volunteer/index.htm">http://www.co.ramsey.mn.us/hs/volunteer/index.htm</a>



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<b>Position</b>	<b>Description</b>	<b>Contact</b>
<b>Resources and Employment Readiness Instructor</b>	To teach correctional residents ways to enter the work force. Provide resources to achieve work readiness. Teach residents how to compile and write a resume, application. Teach how to dress for an interview, hygiene, interview skills, etc.	Volunteers in Corrections 50 W. Kellogg Boulevard, Suite 650 St. Paul, MN 55102 (651) 266-2386 fax: (651) 266-2293 <a href="http://www.co.ramsey.mn.us/cc/vic.asp">http://www.co.ramsey.mn.us/cc/vic.asp</a>
<b>Theft Diversion Instructor</b>	To teach correctional residents alternatives that are positive, rather than stealing.	Volunteer Coordinator Volunteers in Corrections 50 W. Kellogg Boulevard, Suite 650 St. Paul, MN 55102 (651) 266-2386 fax: (651) 266-2293 <a href="http://www.co.ramsey.mn.us/cc/index.htm">http://www.co.ramsey.mn.us/cc/index.htm</a>
<b>Transitional Housing Volunteer</b>	To provide transitional housing information to inmates. The volunteer(s) will research transitional housing facilities on the internet, using a 211 United Way website, among others and provide descriptions and contact information to encourage inmates to access resources upon release.	Volunteer Coordinator Volunteers in Corrections 50 W. Kellogg Boulevard, Suite 650 St. Paul, MN 55102 (651) 266-2386 fax: (651) 266-2293 <a href="http://www.co.ramsey.mn.us/cc/index.htm">http://www.co.ramsey.mn.us/cc/index.htm</a>