



New Brighton / Man hit by car still in critical condition

Vernon Bell was attempting to cross County Road E at 16th Avenue Northwest when the vehicle struck him, said Bob Jacobson, **New Brighton** public safety director.

www.twincities.com/ci_10713994?source=most_emailed

Attachment to this e-mail

A note from James Andrew's to me about the attachment

Attached is the map of the corridors under study. A report will be ready and available by the end of this year but you may want to discuss any ideas you have for projects or questions you have as the study is happening. I have cc'd Leslie Knapp from HR Green who is managing the project as well as Tony Hull from Transit for Livable Communities if you would like to ask either of them questions about the project or about TLC's grant program.

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NEW YORK TIMES

Staying Healthy in a Sick Economy

<http://www.nytimes.com/2008/10/16/fashion/thursdaystyles/16fitness.html>

Star Tribune

Study: If brain doesn't get enough pleasure from food, people may overeat to compensate

<http://www.startribune.com/lifestyle/health/31116689.html>

Midwest Dairy Council. Available for a limited time. Order a kit today!
www.SchoolWellnessKit.org

National Recreation and Parks Association Conference Resources

Jody Yungers just came back from the National Recreation and Parks Association Conference. She brought back these links that are loaded with information and resources.

National Recreation and Parks Association (NRPA) has some good “why policy” resources:
<http://www.nrpa.org/content/default.aspx?documentId=5501>

The Prevention Institute has some good coalition resources:
<http://www.preventioninstitute.org/tools.html>

The Washington Department of Health:
http://www.doh.wa.gov/CFH/steps/policy_focus.htm

Center for Disease Control (CDC) has put together a good list of other Active Living policy resources:
<http://www.cdc.gov/nccdphp/dnpa/policy/other.htm>

Health Equality: Honoring Culture While Closing the Gap” Nov. 12-14

National experts on health disparities will speak at the “Health Equality: Honoring Culture While Closing the Gap” conference, November 12 - 14, 2008, at Mystic Lake Casino and Hotel in Prior Lake Minnesota. The conference is sponsored by the Office of Minority and Multicultural Health of the Minnesota Department of Health.

The conference will explore innovative ways to create health equality for all Minnesotans and celebrate effective health initiatives designed to reduce disparities. The conference will also recognize the work of local organizations that are dedicated to reducing health disparities in Minnesota and acknowledge groups from across the country engaged in promoting health equality.

Featured speakers include:

- Michael E. Bird, MSW, MPH, health consultant and past president of the American Public Health Association
- Gail C. Christopher, MD, Vice President for programs at the W.K. Kellogg Foundation
- Roberto Dansie, PhD, trainer and author of *Eternal Wellsprings* and *Semillas De Esperanza*
- Dr. Garth Graham, MD, MPH deputy assistant secretary for Minority Health in the Office of Minority Health at the U.S. Department of Health and Human Services
- Doua Thor, executive director of Southeast Asia Resource Action Center

In addition to the featured speakers, 35 local and national organizations will share their expertise on research and best practices for reducing health disparities. General Continuing Education Units (CEU), social work and nursing contact hours will be provided.

A wide range of people are encouraged to attend the conference, including representatives of community and non-profit organizations, public health and social service agencies, health plans, and racial and ethnic communities.

Minnesota is consistently ranked as one of the healthiest states in the nation; however, racial and ethnic minorities and other under-served populations often experience significant disparities. They are less likely to have or use health insurance, more likely to experience teenage pregnancies, more likely to experience violent death before age 21, and more likely to experience death from diabetes and cardiovascular disease.

Registration for the conference is available online at:
<http://health.state.mn.us/ommh/conferences/disparity08/index.html>

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COMPLETE STREETS POLICY PROGRESS

Two Victories as California Commits to Complete Streets

Governor Arnold Schwarzenegger signed the California Complete Streets Act of 2008 (Assembly Bill 1358) into law on September 30th,. The new law, introduced by Assemblyman Mark Leno (D-San Francisco) and cosponsored by the California Bicycle Coalition and AARP California, requires cities and counties to include complete streets policies as part of their general plans so that roadways are designed to safely accommodate all users, including bicyclists, pedestrians, transit riders, children, older people, and disabled people, as well as motorists.

California's Department of Transportation, Caltrans, also stepped up its commitment to complete streets, by adopting a new and more robust Complete Streets policy. Caltrans updated its Deputy Directive 64, the internal policy that requires multimodal consideration in all projects. Part of the directive requires Caltrans to develop an implementation plan, which has been in the works for several months in anticipation of the adopted policy. Read the updated policy for more.

For more on the new state law, check out our [press release](#). Just prior to final signing, a *LA Daily News* article highlighted the benefits of complete streets for disabled residents and those seeking a way out of high gas prices.

Pierce County, WA Adopts Complete Streets

In late August, the Pierce County Council in western Washington State unanimously voted in favor of Resolution No. 2008-89s. The resolution requests that the upcoming Transportation Plan Update includes a complete streets policy and identifies barriers and opportunities to implementation. More information, including a fact sheet on complete streets, is available on the Tahoma Audubon's blog. Achieving complete streets is one of four priorities of the recently formed Pierce County Sustainability Coalition, which includes Tahoma Audubon.

Safe Streets Proposal Unanimously Approved in New Haven, CT

The New Haven, CT Board of Aldermen recently voted in favor of pursuing complete streets program, which includes the creation of a nine-member complete streets committee. The committee of three board members, three city employees, and three residents will investigate

steps needed to create a complete streets policy in New Haven and present its proposal within a year. The action is directly related to outrage over recent pedestrian deaths and organizing by the New Haven Safe Streets Coalition.

Federal Policy Update

Although Congress is out of session, please remember to send letters to your federal representatives, urging their support of the complete streets bill - S 2686 in the Senate and HR 5951 in the House. If you've already contacted your lawmakers, please consider linking our action page on your blog or website. Take inspiration from blogger Roger Kramer; he posted about the federal bill on Wednesday, October 8. Within a day, we had about 30 letters submitted from his readers in Missouri!

COALITION NEWS

AARP, ITE, and the Coalition Hold Complete Streets for Older Adults Session

AARP's Public Policy Institute held an Innovation Roundtable on September 23rd to bring together top national experts to discuss how to better integrate the needs of older adults into transportation planning. The group heard initial results from the Institute of Transportation Engineers survey on complete streets issues (the survey had generated 1,200 responses), as well as preliminary results from an inventory of complete streets policies conducted by Coalition staff. The Roundtable is one step in creating a report and other materials to help communities include older adults in their complete streets planning. Watch for more information in December.

Coalition Partners with BCBS Minnesota

The National Complete Streets Coalition is pleased to be working closely with Blue Cross Blue Shield of Minnesota. As part of BCBS MN's statewide Active Living campaign, the Coalition will share its expertise in complete streets policy development and implementation, including providing Complete Streets Workshops to several Minnesota communities.

Complete Streets Workshop in Maryland

Barbara McCann and Roger Henderson are leading a day-long Complete Streets Policy Development workshop for the Maryland State Highway Administration next week, and the Coalition is scheduling three workshops in Minnesota. Does your community need a workshop?

Complete Streets Included in 'Build for America' Plan

Transportation for America is calling for transportation investments to help stimulate an economic recovery - and wants to make sure these investments help families save money and reduce dependence on foreign oil. That means fixing existing streets as complete streets, and investing in clean transportation such as transit, bicycling, and walking.

Urge Health Outcomes in the Next Transportation Bill

The Safe Routes to School National Partnership is circulating a letter for signature that will provide a strong foundation for consideration of health, environment, and transportation issues by encouraging Congress to include performance-based outcomes for health in the next transportation bill. This is a critical opportunity to sustain and expand funding for Safe Routes to School and enable convenient and safe environments for walking, bicycling, or accessing public transit. Americans currently spend nearly five times as much on health care costs related to physical inactivity, traffic injuries and deaths, and poor air quality than the federal government spends on transportation infrastructure. All national, state and local organizations are welcome to sign on.

Fehr & Peers Joins as Silver Partner

Fehr & Peers recently became a Silver Partner of the Coalition. Fehr & Peers provides transportation planning and traffic engineering services to public agencies, institutions, and private entities - projects include local traffic and parking studies; major regional transportation plans; transit, pedestrian and bicycle studies and traffic engineering design. The firm has been involved in dozens of projects to build complete streets, and also authored the Sacramento Transportation & Air Quality Collaborative Best Practices for Complete Streets, which is available on the Coalition's web site under "early successes." Fehr & Peers recently launched a global climate initiative called Cool Connections. And thanks to Fehr and Peers for your support of complete streets!

Complete Streets Allies Awarded Gold & Platinum

The League of American Bicyclists honored Alta Planning + Design, a Complete Streets Partner, at the Interbike Expo held in Las Vegas, NV, last month. The new Bicycle Friendly Business program gave the Portland-based firm a gold designation, the highest honor awarded in this first round of designations. The designations recognize businesses of all types that are committed to creating and promoting bicycle programs and incentives for their employees. The City of Boulder, CO, one of the members of the Complete Streets Steering Committee, received the platinum-level designation by the Bicycle Friendly Community program, an upgrade from their previous gold-level status, achieved in 2004. Designations are based on achievements in five categories: engineering, education, encouragement, enforcement, and evaluation. Boulder is the third community in the nation to be awarded the highest honor, alongside Davis, California and Portland, Oregon.

Great Streets of 2008

The American Planning Association has announced its 2008 Great Streets designees. The ten streets honored this year feature complete streets characteristics, including a balanced approach to users' needs, a concern for safety, accommodating sidewalks, and multi-modal transportation options. Two of the communities honored for individual projects also have

complete streets policies that ensure all their streets projects will meet the needs of all users: Arlington, VA, and Louisville, KY.

Welcome, Erika!

The Coalition is excited to introduce Erika Wolfe as our new Complete Streets Federal Policy Fellow. Erika comes to us from the University of Tennessee with a Masters degree in environmental sociology and policy. Her thesis work on national policy climates and reductions in automobile use will be published in the upcoming December issue of *Social Science Quarterly* under her maiden name Erika Borek. She hopes to apply her background in policy and behavior to gain support for complete streets legislation. For the next six months, she will help advance federal policy efforts by moving coalition members and partners to action and coordinating the federal policy efforts of the complete streets network. She can be reached at ewolfe [at] completestreets [dot] org or 202-207-3355 x28.

COMPLETE STREETS NEWS

"F as in Fat" Identifies Complete Streets in Fight Against Obesity

The Trust for America's Health reports in "F as in Fat: How Obesity Policies are Failing in America 2008" that complete streets policies are among the top policy options that effectively encourage walking and bicycling. The incomplete street network is identified as one of the barriers to good nutrition and physical activity, and the report specifically mentions inadequate public transportation options, poor sidewalk maintenance, and unsafe routes for pedestrians and cyclists. The report lists the federal Complete Streets legislation as an important step in fighting obesity, and encourages local governments to support public transportation systems over highways and to build sidewalks in order to help fight obesity in America. In a related effort, the Campaign to End Obesity recently honored Senator Harkin, the sponsor of the Senate Complete Streets bill, for his long record of measures to improve America's health.

Maryland Ties Public School Construction to Complete Streets

Maryland's new school construction guidelines discusses the need to increase transit options to and from schools. Currently, bus and auto trips account for the majority of all trips to and from school, while only 15% of children are walking or biking. In order to encourage physical activity, decrease transportation costs, and improve air quality around local schools, the guidelines recommend sidewalk construction in areas within one mile of the schools as well as the promotion of and participation in Safe Routes to Schools programs.

Denver Embraces Public Transportation, Walking, Bicycling

In a "fundamental shift," the City of Denver is adopting announced a new Strategic Transportation Plan to increase capacity in the growing city not by adding more lanes for car traffic, but by incorporating downtown circulators, streetcars, sidewalks, and bike lanes to the existing streets. The STP looks at transportation from the perspective of moving people or

"person trips," travel by a person from one location to another by any means. Several of the changes provide better access to transit, including more bus service and improved bus stops.

Quick Takes: Complete Streets Talk Around the Country

- Greenville, NC - A road long in poor condition and now due for reconstruction meets resistance from community because new plan does not include sidewalks and bike lanes. (via *The Greenville News*)
- Boston, MA - Community members are astonished by plans to remake a section of Massachusetts Avenue without bike lanes and other features that would encourage walking, cycling, and public transit use, despite the State of Massachusetts's commitment to complete streets. (via *The Boston Globe*)
- Baldwin County, GA - The weekly Lagniappe bemoans residents' inability to embrace complete streets and hopes upcoming "Walk Your Child to School Day" will help solidify support for safer, complete streets.
- Easley, NC - The city, seeing value in becoming a bicycle-friendly community, looks to adopt a complete streets policy as a means to that goal. (via *The Greenville News*)
- Buffalo, NY - Partnership for the Public Good creates a yearly platform of specific and achievable policy goals for Buffalo, Erie County, Western New York, and New York State. Included in the 2009 "Place Platform" is full integration of complete streets legislation.

Bike Sharing Proposal Criticized Due to Incomplete Streets

The City Council in Los Angeles is talking about creating a 'bike share' program - following the lead of Paris in putting bikes on the street for short-term rental. But Councilman Tom LaBonge, said the streets must be made safer streets for cyclists before a bike share program is considered. Others shared his sentiments, including Dr. Michael Kahn, a lecturer at UCLA, who recommended that the appropriate first actions should be working towards accommodating bicycles through complete streets.

Consequences of Incomplete Streets

- Silver Spring, MD - A 29-year-old pedestrian crossing an intersection without a striped crosswalk and was fatally struck. *Connected Communities*
- Sugar City, ID - Paul Lusk, 45, of Sugar City, was killed while walking on the side of a road that does not have a sidewalk. *The Standard Journal*

RESOURCES

Coming Soon: Costs and Complete Streets Fact Sheet

The Coalition is creating a new fact sheet addressing the successful implementation of complete streets, including cost savings, integration into existing transportation funding, and

quality of life improvements. We are also gathering testimonials from professionals that can be shared at public meetings, and with elected officials. Keep an eye out for it on our **Benefits** page!

QUOTES

"These aren't just thruways. These are the streets we live on."

- Alderman Roland Lemar, New Haven, CT, in the [New York Times](#)

"We can create a city that is walkable, bikeable, transit friendly, that is vibrant and inviting."

- Mayor John Hickenlooper, Denver, CO, via [myFox Colorado](#)