

Health Care

Resources

Please Note:

Workforce Solutions is aware that these resources are available. However, since these policies may be available elsewhere, you may want to check with your own agent or the yellow pages. Workforce Solutions does not recommend or endorse particular agents, plans or coverage. This is solely for your information.

Assurant Short Term Health Insurance Plan

1-800-265-1163

website: www.temporaryinsurance.com

- MN resident: policies can be written month-to-month or in 6 months blocks up to a year
- WI resident: policies can be written month-to-month up to a year

BlueCross BlueShield Insta-Care and Aware Care

(651) 662-5050 or 1-800-262-0823

website: www.bluecrossmn.com

- Insta-Care: 30, 60 or 90-day policies available
- Simply Blue: essential coverage
- Aware Care: traditional coverage plan

HealthPartners IndividualSM Plan

(952) 883-5600 or 1-800-247-7015

website: www.healthpartners.com

Ideal for you—and your dependents—if you are not covered under a group health plan, are self-employed, are a recent college graduate no longer eligible under your parent's health plan or an early retiree looking for an alternative to COBRA

Medica Direct Short-TermSM for Individuals

(952) 992-2080 or 1-800-670-5935

website: www.medica.com

- 30, 60 or 90-day policies available

Portico Healthnet

(651) 603-5100

website: www.porticohealthnet.org/

A program to make health care affordable for people without insurance.

Must meet all of the criteria:

- live in Ramsey, Washington, or Dakota counties and not currently insured
- not already eligible for Medicare, Medical Assistance, General Assistance Medical Care
- must meet income guidelines (contact Portico for further information)

St. Mary's Health Clinics

(651) 690-7029

website: www.stmaryshealthclinics.org

An organization providing free primary health care to the uninsured in the seven county metro area of St. Paul, Minneapolis and their surrounding suburbs.

- Must be without health insurance and meet income guidelines
- Basic primary and preventive health care services
- Prenatal, mental health, and dental services are not available
- Emergency trauma or critical care cannot be provided

Minnesota Comprehensive Health Association

1-866-894-8053

website: www.mchamn.com

A program to assist people who are denied insurance due to health reasons.

- You have been a MN resident for the six months immediately preceding your application.
- Must provide evidence that within six months prior to application, a Minnesota insurer or HMO has denied the applicant individual health insurance due to a pre-existing condition.
- *See website or call for additional eligibility criteria.*

MinnesotaCare

(651) 297-3862

An alternative for low-income people who would not otherwise have access to health care insurance.

To qualify you must:

- have a Social Security number and be a Minnesota resident
- be a U.S. citizen or non-citizen lawfully residing in the U.S.
- not have other health insurance now or have had health insurance (including Medicare), for at least four months except for Medical Assistance (MA) enrollees whose health insurance premium was paid for by MA not have current access to employer-based health insurance in which the employer pays 50% or more

Medical Assistance (MA)

website: www.dhs.state.mn.us/healthcare

General Assistance Medical Care (GAMC)

website: www.dhs.state.mn.us/healthcare

Each county has a different application process.

Anoka County - Income Maintenance Department (763) 422-7200

Dakota County - Economic Assistance (651) 554-5611

Hennepin County - Economic Assistance (612) 596-1300

Ramsey County - Medical Assistance (651) 266-4444

Washington County – Financial Intake (651) 430-6459

RamseyCountyRx Prescription Drug Card

Helps you save on prescription medications NOT covered by insurance. It is **FREE** and available to all Ramsey County residents regardless of age, income or existing health insurance. No enrollment fee, no membership fee, immediate use.

For a complete listing of where to get a card, go to: www.co.ramsey.mn.us/ep/RXCard.htm

For more information about NACO (National Association of Counties)

651-266-1000 or www.caremark.com/naco

Note: Anoka County has been added. Go to NACO website for more MN counties.

Generic Drug Program

Several generic drugs are available for \$4 at the following retailers. Visit website or call pharmacy for qualifying list. **Must have a current prescription.** No insurance necessary.

Target www.target.com

Walmart/Sam's Club www.walmart.com

Dental Resources

Dental Unlimited (emergency only) 612-822-8968 Minneapolis

Helping Hand Dental 651-224-7561 St. Paul

Open Cities Dental Clinic 651-290-9221 St. Paul

Crisis Resources

Crisis Connection 612-379-6363

Emergency Social Services 651-291-6795 (M-F 5pm-8am; weekends all day)

United Way First Call for Help 211 or 651-291-0211



Dislocated Worker Program

This information is available in alternative formats.

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