

Mighty Kids Inner-City Hockey Program



Brought to you by the
Mighty Kids Steering Committee and
Ramsey County Parks and
Recreation Department

*It's more than just
skating!*





Mighty Kids Skill Development Program

This hockey program combines racially, culturally and economically diverse youth in a sport that can enhance their lives and values. The main focus of the program is positive youth development.

Hat Trick Values

During the course of the program we will be introducing a series of activities designed to recognize positive life values enhanced by the game of hockey. "HAT TRICK" is our teaching acronym for the 12-week session.

Have Fun

Attitude

Trust

Teamwork

Respect

Improvement

Confidence

Kindness



Week #1—Have Fun

Purpose—It's why we are all here!

3 GOALS



You're going to have fun!

I'm going to have fun!

We're all going to have fun together!

Week #2—Attitude

Purpose—How you present yourself to others, or how you react to a certain situation.

3 GOALS



Positive (or negative)

Cooperation / Cooperative

Willingness to try something new

Week #3—Trust

Purpose—Someone you can count on!

3 GOALS



Trust Yourself

Trust Your Coach

Trust Your Family

Week #4—Teamwork

Purpose—To illustrate the importance of participating with team spirit in life, family and school. Consider the value of cooperation in working toward a common goal.

3 GOALS



Work Together

Do Your Part

No "I" in Teamwork

Week #5—Respect

Purpose—Treat others as you want to be treated.

3 GOALS



Respect for Yourself

Respect for Others

Respect the Game

Week #6—Improvement

Purpose—Working to be better.

3 GOALS



Practice

Patience

Persistence

Week #7—Confidence

Purpose—Believe in yourself and your abilities.

3 GOALS



You can do it!

We can do it!

We will do it!

Week #8—Kindness

Purpose—To be kind or having good behavior.

3 GOALS



Be kind to others and smile at others.

Be pleasant to others.

Act with good behavior and encourage others.

Week #9—Goal Setting

Purpose—To reach your goal, you must take small steps down goals path.

3 GOALS



Set realistic goals

Set obtainable goals

Set positive goals

Week #10—Diversity

Purpose—Learn to understand and appreciate other cultures.

3 GOALS



Appreciate Others

Respect Others

"We are all in this together"

Final Week—Hat Trick

Have Fun

Attitude

Trust

Teamwork

Respect

Improvement

Confidence

Kindness

“Mighty Kids” Inner-City Skating Programs”

The Mighty Kids Inner-City Skating Steering Committee mission is to develop programs that help break down the barriers that have traditionally deferred inner-city youth and, particularly, people of color from participating in the sport of skate. The Ramsey County Parks and Recreation Department, St. Paul Parks and Recreation Division, and St. Paul Community Education and representatives from three (3) youth hockey associations, and staff from Minnesota Hockey's Diversity Committee have developed a framework for a more comprehensive program. Programs include:

- **Kyle Peterson's First Grade “Learn-to-Skate” Program**—An after-school learn-to-skate program for inner-city youth held at three County arenas. The program is provided free to children. After-school participants are bused directly from their schools to the arenas. Ice time, skates, helmets, kneepads and warm clothing are provided as part of the program. The program includes five one-hour lessons directed by an on-ice coordinator and volunteers. Registration is held in the fall of each year and coordinated through St. Paul area schools.
- **Mighty Kids Skill Development**—Held on Saturday mornings at four (4) Ramsey County arenas throughout the winter season (12 weeks). The program is provided at a reduced fee of \$25.00 for those youth that qualify for the free or reduced lunch program and \$65.00 for other participants. All equipment is provided and maintained at each site.
- **Youth Hockey / Skating Program Scholarships**—Qualifying youth can apply for a scholarship voucher that entitles them to participate in the youth hockey association programs at a discounted rate of 80% off the normal program registration fee.

Mighty Kids Steering Committee

Program Director — Jody Yungers

Program Coordinator — Bruce Perrizo

Kyle Peterson On-Ice Coordinator

Marlene Brodt

Mighty Kids Skill Development Program On-Ice Coordinators

Biff Adams Ice Arena — Jeff Hauer

Charles M. Schulz-Highland Ice Arena — John Fox

Harding Ice Arena — Jeff Payne

Ken Yackel-West Side Ice Arena — Tim Haffner

Committee Members

Dan Berchem — Saint Paul Community Education

Betty Comiskey — Como Area Youth Association

Kurt Dornfeld — Johnson Youth Association

Mary Sue Godfrey — Highland Central Youth Association

Steve Hunziker — Como Youth Association

Ernest Lloyd — Mariucci Inner City Representative

Jim McDonough — Johnson Youth Association

Shelly Paul — Como Youth Association

Randy Reetz — Harding Youth Hockey Association

Jeff Sanchez — Johnson Youth Hockey Association

Steve Swanson — Minnesota Hockey

Jim Welter — Ramsey County Parks and Recreation

Chuck Wilczyk — Como Youth Association

Bev Wittgenstein — Saint Paul Community Education

*For further information, call Ramsey County Parks and
Recreation Department, 651-748-2500, or visit our website
at www.co.ramsey.mn.us/parks*